



Missouri Trout Fishermen's Association

Springfield Chapter

www.MTFA-Springfield.org

MTFA_Springfield@yahoo.com

MO Fishing

January 2014

Volume 7 No. 1

Our January 2nd meeting will be at the Springfield Nature Center beginning at 6 PM for Fly tying and 7 PM for program and business meeting.

Our guest speaker for January will be Larry Wegmann. Larry is the current President of the Southern Council Federation of Fly Fishers and was the VP of Education in past years. Larry served as president of the Springfield Chapter 2008-2009. He is instrumental to the ongoing fly-fishing course at MSU by coordinating the classes and providing the lectures. Larry will explain to role the international FFF and their efforts to address conservation, education and water usage issues. Our club is affiliated with the IFF with twelve members in MTFA who are currently members of the IFF.

If you wish to read Larry comments about the fair go to: <http://www.southerncouncilfff.org/fair.php>



Missouri Trout Fishermen's Association - Springfield Chapter

Calendar for January 2014

January 2 Monthly meeting 6-9 PM

January 25 Springfield Nature Center Fly tying 1-4 PM

We Have a New President



Lezley Chastain

Next month we will have our Presidential Greeting.

Fly Tying at the Nature Center

We have been invited to tie flies for the Nature Center visitors on Saturday, January 25th from 1-4 pm. We have done this the last few years and our tiers have enjoyed it. It's not nearly as busy as the Insect-o-rama and we get more time to discuss what we are doing. You may tie flies to give away or to use for yourself. You may even want to bring an extra vise and have someone tie his or her first fly with you. I'd like to have about 4-8 tiers. I'll not be at the January meeting, but will be at this event. Hope to see you there.

Editor's Note: I am told that we can use some volunteers for the 25th. I imagine that you can contact Ralph if you are available. Thanks.



The Christmas Party at the Heritage Cafeteria this year was a small gathering on a truly wintery evening. Thought for a few minutes I was back in Chicago. It wasn't a good night to wander.

That said, we had a good time, held the raffle and voted for officers for the club. I don't have numbers on how we did this year yet but am hoping someone will email me. The slate of nominees was unanimously elected. See below or see the back page.

The candidates will be:

President	Lezlie Chastain
Vice President	John Dozier
Secretary	Dorothy Prugger
Treasurer	Ralph Eichholz

Executive Committee:

3 year	Connie Erickson / Joe Simecek
2 year	Warren Wilkerson / Mark Strothkamp
1 year	Charlie Erickson / John Prugger

To the best of my knowledge the same people will man all other positions again in 2014.

Notice to those who were at the party:

I received a call from Heritage Cafeteria this morning. Some one left a camera and case in the room that we used last night. They will be holding it at the cashier's desk.

Ralph

A last item of business is that the Newsletter is getting very short on member content. Every month is an interesting exercise in searching for content. So please send me some good fish stories to share.

Come on, I know you're out there.

Thanks in advance. Your Editor

Eve Krit-Anderson

ekanderson@hotmail.com

Membership

The renewal membership applications continue to be returned with 38% of the members returning their forms with dues for 2014; that would be thirty individual and family memberships. We will accept more membership forms and dues at the January meeting. If you did not get a renewal membership package, I will have forms available at the meeting or you can download the file on line at MTFA-Springfield.org on the home page. Our total membership, including families and individuals was 120 in 2013 and hopefully we can get a 100% return to match that number within the next month or two. Thank you for your support.

A few recipes to help clean out the freezer so you have space for next spring:

Fish Cake Recipe from Kraft Website

Take 1 pkg. (6 oz.) STOVE TOP Stuffing Mix for Chicken, 3/4 cup water and 1/3 cup KRAFT Real Mayo Mayonnaise and mix & match with 8 to 10 ounces of fish of your choice.

Then follow our 3 simple steps:

MIX stuffing mix, water, mayo, fish, add-ins and 1/2 cup vegetables. **Editor's Note:** I would imagine the vegetables would be some finely dices celery and onion

Shape into 12 patties, using about 1/3 cup stuffing mixture for each patty; cover. Refrigerate 1 hour.

HEAT large nonstick skillet sprayed with cooking spray on medium heat. Add patties to skillet in batches.

COOK 6 min. or until golden brown on both sides, turning carefully after 3 min.

Editor again: I would serve these with tartar sauce, cocktail sauce or just a lemon wedge.



Pecan-Crusted Trout recipe from Food Network

Crusty, nutty trout fillets with a buttery, citrusy pan sauce—this is incredible

Ingredients:

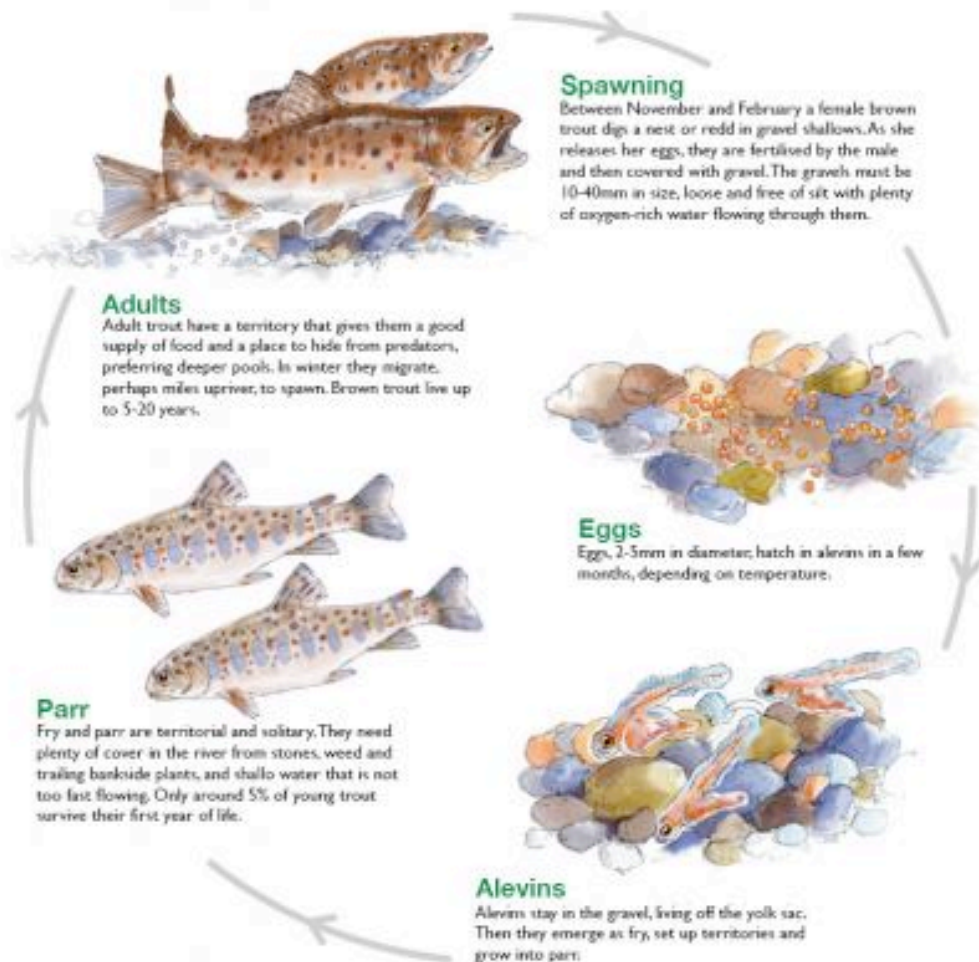
1 cup pecans ½ cup all-purpose flour 1 egg, lightly beaten 4 (6-ounce) trout fillets 2 tablespoons olive oil 2 tablespoons butter ½ cup chopped shallot	1 teaspoon lemon zest ½ teaspoon dried thyme ½ teaspoon dried rosemary ¼ cup dry white wine ¼ cup heavy cream ¼ cup orange juice Sea salt and black pepper, to taste
---	--

Directions:

- 1) Grind pecans in a food processor until coarse. Transfer to a medium bowl; add flour and mix.
- 2) Place egg in a separate medium bowl.
- 3) Dip each trout fillet in egg, shaking off excess; dip into pecan mixture, turning to coat.
- 4) Heat oil in a large skillet over medium. Add trout and cook until golden on both sides, turning once, about 8 minutes total. Remove trout from skillet; place on serving platter.
- 5) Add butter to skillet; melt over medium heat. Add shallot, zest, thyme, and rosemary; cook until shallot is softened, about 3 minutes, stirring.
- 6) Increase heat to high; add wine and cook until evaporated, scraping up bottom of skillet. When almost dry, add cream and juice to skillet; cook until thickened slightly, stirring, about 2 minutes. Season to taste.
- 7) Pour sauce over trout; serve immediately.



The Brown Trout Life Cycle



Trout illustrations by DAB graphics



*A Safe, Happy, Healthy
New Year to All*

2014 MTFA -Springfield Chapter Officers

President	Lezley Chastain	848-1858
President Elect	John Dozier	
Secretary	Dorothy Prugger	862-9972
Treasurer	Ralph Eicholz	343-2591
3 Year Executive Committee Member	Connie Erickson / Joe Simecek	
2 Year Executive Committee Member	Warren Wilkerson / Mark Strothkamp	
1 Year Executive Committee Member	Charlie Erickson / John Prugger	

Monthly meetings at the Springfield Nature Center are the first Thursday of the month at 6 PM for Fly tying and 7 PM for programs and business meeting.

Committee Chairs

Program/Materials Chair – Kim Schultz
Education Chair – Ralph Eichholz
Social Chair - Connie Waterworth
Newsletter Editor – Eve Krit-Anderson,
Librarian - Dennis Stead / Harry Morgan
Equipment/Supplies - John Prugger/Kim Schultz
Web Page - Brent Simmons
Membership Chair – Kim Schultz
Liaison Natl./State FFA – Rod Pennington
Public Relations – Lezley Chastain

If you would like to submit an article for the MTFA newsletter

Please put MTFA in the email subject line and send to Eve.

The web sites:

MTFA-Springfield.org

E-mail:

MTFA_Springfield@yahoo.com

Send Articles to:

EKAnderson@hotmail.com

The MTFA web site has been updated and is maintained by Brent. You can find membership application forms, a list of current members and the calendar for 2014 MTFA activities. Here is a link to the calendar of activities: http://mtfa-springfield.org/member_area/calendar.htm

If you find a mistake or date change please send me an email indicating the item and we will make a change. Thanks for you help.

We will add a 2014 photo file to the web site. If you have a memorial photo or fish pass it along and it will be posted.

Thanks... Brent and Kim