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MO Fishing

August 2011

Volume No 5

The Thursday, August 4th meeting will be at the Nature Center with fly tying at 6:00 PM and the program and business portion of the meeting beginning at 7:00 PM

Our guest speaker this month's meeting is Craig Fuller, a MDC fishery biologist with the Lebanon office. Craig oversees Bennett Spring waters, the Niangua River, a section of the Gasconade, Pomme de Terre River and lake. He spoke at the MTFA annual derby a few years ago giving good information on the Niangua River. He has provided data from surveys at the annual meeting at Bennett Spring State Park for the public and residents of area before opening day. Craig will provide information to local warm water fishing opportunities for us wanting to fish near Springfield. He will give us a little insight to the Muskie in Pomme de Terre Lake.

Craig will be at the Ozark Empire fair on Thursday and will pull double duty by giving us his program. If you had questions of fishing opportunities near Springfield here is a chance to get good information to goggle-eye and small mouth fishing.

Kim Schultz

Missouri Trout Fishermen's Association - Springfield Chapter Activities for August 2011

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| August 4 | Regular Meeting at 6 PM Springfield Nature Center |
| August 19 | Insect-O-Rama Springfield Conservation Nature Center |
| August 25 | MSU class |

Greetings from Ralph:

Hope everyone has found some way to stay cool. For me, July has been a slow month. After returning from my Kodiak trip, I found it to be REALLY hot here in Missouri. I even went back to doing my walking indoors. Can I count walking through Bass Pro for a hike? Then I was under the weather for a couple of days, but this morning I forced myself to head to Roaring River to wade the catch and release area. When I arrived, and for about the next hour and a half, I was the only one fishing. It was nice and cool in the shade and the water. I got to try the rod that PHW gave me to build and it cast, fished and caught just fine. Then the kids started to arrive to swim, wade, wallow and do what kids do. I was fine with that, I knew this was the anything goes area!

Does anyone else follow the club member's blogs? There are 3 that I know of. You can follow Kim at ozarkfishing.blogspot.com. With the new grandchild, he doesn't seem to fish as much (Who can blame him?), but his blogs are always informative. Kevin has the most complex blog at flywatersedge.blogspot.com. In his latest post he has treated us to some "What if Shakespeare was a fly fisher" I found it to be amusing and entertaining. And I have one at ozarkflyfisher.blogspot.com. In my latest post I talked about Alaska and I've included several pictures. If you know of any other club members with blogs, let me know. I always enjoy reading them and I believe you might also,

Thanks to Kerry for an article he sent to the newsletter this month. I hope Eve has room for it. It's funny, but accurate.

August will be a busy month:

Personally, I'm going to the Smokeys for a week in early August.

The Insect-o-rama is August 19th from 6:30 until 9. Tyers should arrive about 6.

Our first MSU class is August 25 from 6 until 9:50. It will be in the same room as last semester. Sometime before that we will get together to assemble the tying kits.

The Southern Council Conclave is October 6th-8th

There are some changes this year. Admission prices are the same for FFF members and non-members. The banquet is slightly higher for non-members. As before, the classes that cost are more expensive for non-members. The big difference is that almost all of the free classes now cost non-members \$5.00. The preregistration is due September 1st. You can print the form at the SC website. There you'll also find a description of the classes. I'll have 4 or 5 hard copies at the August meeting for those without a computer.

Hope to see you at the August 4th meeting. Stay cool.

Ralph

Baked Trout Saratoga

INGREDIENTS



1 (4 pound) whole trout, cleaned
salt and pepper to taste
1 (28 ounce) can diced tomatoes
2 tablespoons olive oil
2 tablespoons chopped fresh
parsley
1 clove garlic, minced
1/2 cup white wine
1 lemon, cut into wedges
4 sprigs fresh parsley

DIRECTIONS

- Prepare the oven to 400 degrees F. Apply oil lightly over 9 x 13-inch baking dish.
- Season trout well with salt and pepper. Transfer into a baking dish.
- Mix tomatoes, olive oil, 2 tablespoons chopped parsley and minced garlic in a bowl and apply evenly over the fish.
- Bake for about 35 minutes or until flaky. Use wine for basting as it bakes.
- Garnish with lemon wedges and parsley sprigs then serve.

(7)

INGREDIENTS

These two recipes are from fishrecipes.org. They have some that look really fantastic.

These are simple. Perfect for the days we're having when it's too hot to have the stove on for more than a few minutes.

I think any nice fillet would work with either recipe. Medium heat is usually 350 degrees.

The Editor

Easy Baked Bluefish with Cucumbers

INGREDIENTS

1 bluefish, large
6 cucumbers, peeled, cut in halves lengthwise, seeded
2 onions, peeled, sliced
1/2 cup water
3 tablespoons butter
Seasonings to taste-season highly

DIRECTIONS

- Arrange half of the cucumbers in a pan. Add water and leave it to boil for 5 minutes. Remove water.
- Arrange the bluefish, cucumbers, onions, water, butter and seasonings in a baking pan and leave it baking for 30 minutes at medium heat. Serve.

To Our Membership:

Southern Council has given the group that works with the Good Samaritan Boys Ranch 20 Fly Rods and Reels. Unfortunately, they came without backing and lines. Joe Lucash, the man who started the program, wants to know if anyone in our club would have any old 5 or 6 weight fly lines that we could have to use for the boys. If you have any, you may contact me at either mathman3@aol.com or give me a call at (417) 343-2591 and I'll make arrangements to get it from you. Our first meeting with the boys is Sept 13, so you could even bring it to the August meeting.

Thanks,
Ralph

Editor's Note: This article was sent from Kerry Evans in a PDF format that did not fit into our newsletter. The typeface and size had to be changed. You can find it in it's entirety along with other articles at coloradocountrylife.coop where you should click on 'Outdoors' under 'Living'. Our thanks go to the author for his permission to reprint. And thank you to Kerry for finding it and sending it.

Fancy Trappings to Lure Fish

Bow ties and ice cream cones Do fish really care? By Dennis Smith

Fly fishers would probably agree that, of the dozens of supposedly new fly patterns that are introduced to the retail market every year, very few actually qualify as legitimate originals. Most are simply creative rearrangements of old standards tied with new synthetics – tungsten beads, artificial hair, Mylar tinsels and so on. They're the same flies we've been fishing for eons, but they now sport trendy new names, glitzy beads and counterfeit animal hair, feathers or fur.

The same goes for some of the angling gadgetry that's out there. Years ago, we used 89 cent fingernail clippers to cut fishing line and trim the tag ends of our knots. Today, those same clippers redesigned specifically for fly fishing can cost up to \$U. I know; I have a pair. They're made of anodized titanium and have replaceable surgical steel blades. Far as I can tell they don't cut any better than the originals, the fish don't give a hoot one way or the other, and I could have saved a bundle by swiping a pair of toenail clippers from the household medicine chest.

Which is not to say some things can't be improved upon: This past weekend on a trip to the Delaney Butte Lakes, my son and I experimented with two newly improved midge fly patterns and an air-filled strike indicator called the Thingamabobber. Both turned out to be winners.

Traditionally, midge patterns were tied with plain old thread, a pinch of rabbit, mole or muskrat fur and a few turns of fine gold or silver wire to suggest the segmented bodies of chironomids. They were called thread midges for obvious reasons, and they caught fish as often as not. Recently though, commercial tyers began adding plastic white bead heads to them and calling them ice cream cones, which they definitely resemble.

Others added bits of white Antron or polypropylene yarn to create the illusion of emerging wing buds or breather gills of the ascending pupae. They look a bit like bow ties and, because midges often buzz about frantically while hatching, they were aptly named Bow Tie Buzzers. Both are hyped as deadly effective.

Strike indicators are small floating devices of brightly colored cork, yarn or foam attached to the leader some distance above the fly to provide a visual aid in tracking leaders and detecting strikes in moving water. The Thingamabobber is a tiny airfilled balloon that functions like a traditional strike indicator, but when used in conjunction with midge patterns on windblown lakes like like the Delaneys, it also provides the rhythmic up-and-down motion of midge pupae ascending to the surface - or so the operating theory goes.

Unfortunately, the first morning we rigged our Thingamabobbers with bow tie buzzers and ice cream cones, the wind refused to blow and the surface of East Delaney Butte Lake was still as death. After a fruitless half hour of Thingamabobber watching, I hollered to Dave that I was going to reel in, get my camera and take some photos, but just as I lifted my rod, a fish took the bow tie buzzer. I released him and cast back out in the same spot, only to spend another 10 fruitless minutes of bobber watching. "Okay," I said, "That's it. I'm going to get the camera." Bam! Another fish grabbed the bow tie buzzer. And then another, some minutes later. Every time I announced I was going to get the camera, a fish would strike. and each time it was on the bow tie buzzer. Then Dave announced he was going for a camera, and he caught a fish. And then another.

We now believe we've created an original new trout fly. It works only when you threaten to go for your camera, so naturally we're calling it the camera fly. Or maybe the shutterbug.



The active fish in this quiet lake wonder if this angler has \$17 clippers to trim line.

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Monthly meetings at the Springfield Nature Center are the first Thursday of the month at 6 PM for Fly tying and 7 PM for programs and business meeting.

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