



# MO Fishing

May 2008

Volume 10 No. 5

The MTFA meeting will return to the Springfield Nature Center on May 1st.

This will be the final meeting with the MSU Spring 2008 class. The class was a great success with seventeen motivated students. Comments made by club members suggested this was the best class we have taught. There were twenty-three members present for the classes, providing support, sharing their experiences and doing a great job teaching. Charlie will provide an update of events from this Saturday's fishing trip to Bennett Spring State Park.

There will be several programs given on this evening by Larry Wegmann and Kim Schultz.

**The subjects for these programs:** How to use physics to fight large fish, a program detailing the senses of a fish - understanding the fish's world and fishing locations in Southwest Missouri. These will be power point presentations using the new projector.

Hope you to see you Thursday evening

## Missouri Trout Fishermen's Association - Springfield Chapter Activities for May 2008

- |                       |       |  |
|-----------------------|-------|--|
| <b>May 1</b>          | ..... | Regular Meeting @ 6:00 PM -<br>Springfield Nature Center with<br>MSU class |
| <b>May 3</b>          | ..... | Kid's Derby Bennett Spring State<br>Park                                   |
| <b>May<br/>13,14</b>  | ..... | Solutions - Bennett Spring State<br>Park                                   |
| <b>May<br/>17, 18</b> | ..... | <a href="#">MTFA Spring Derby</a> Bennett<br>Spring State Park             |
| <b>May<br/>24,25</b>  | ..... | Fourth Annual Fly Fishing Expo -<br>Reading's Fly Shop, Hwy 64             |

## **From the President**

### **Solutions**

Springfield Public Schools Solution Program targets at risk students at Pepperdine Alternative School. The program needs 8 MTFAs members on May 13 & 14. On the 13th, they meet at Pepperdine from 9 - 11 AM to teach fly tying. From 12:30 to 2 PM fly casting. Wednesday, the 14th, the Solutions students travel by bus to Bennett Springs and fish from 9:30 to 2:30. MTFAs helpers need to car pool to Bennett. They will have breakfast at the Lodge at 8 and then help the students with their fishing skills. After the students leave, you will have plenty of time to fish on your own. Charlie Erickson will give more details at the May meeting.

### **Conclave**

Lee Price of Southwest Mo Fly Fishers will have details on the upcoming Jolly Mill Conclave for our May meeting.

### **Raffle Tickets**

Raffle tickets will be available at the May meeting for the Marlene Hada benefit. The number of tickets is limited to 3500. Projections are that they expect to sell around 1000-1500 tickets. The odds are pretty good of getting one of the more than a dozen great prizes. Top prize is a float fishing trip with Dave Whitlock and a stay at White River Inn. Tickets are \$20 each or 6 for \$100.

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### **May 3: Kids Day**

A special event at Bennett Spring for children 15 and younger; a day packed with free fishing in a specially stocked area just for them. There will be a variety of entertaining and educational activities.

The area designated "just-for-kids" to fish in that day will be from the hatchery outlet in Zone 2 to below the Suzy Hole in Zone 3. Parents may help their kids but will not be permitted to catch fish for them. All regular season rules and regulations will apply.

Additional featured attractions are the World Bird Sanctuary, Bennett Spring State Park Nature Center Touch Tank, fly tying and fish cleaning demonstrations, casting simulator, and much more. All registered children will receive a complimentary bag, and a free hot dog lunch will be provided for the kids. For further information, call Julie Caffey at the Bennett Spring Hatchery: 417-532-4418. Information obtained from Weavers website for more information - <http://missouritrout.com/weavers/report.html>

### **May 13 and 14: Solutions**

Charlie and Connie Erickson have been in contact with Solutions and **will need 8 helpers** for the following days.

**May 13** - We will meet at Pepperdine School on Dale Street

...9:00 – 11:00 Fly Tying

...12:30 – 2:00 Casting

**May 14** - We will meet at Bennett Spring State Park 8AM in the lodge for Breakfast. The student will arrive by bus at 9:30 and we will fish with them until 2:30.

### **May 17 and 18: MTFAs 62nd Annual Convention and Spring Derby**

The St. Louis Chapter will host the 62nd Annual Convention and Derby. Registration will begin on Friday May 16, 2008 at the Bennett Spring Park Store from around 7 pm until the store closes. Registration will start again Saturday morning May 17 at the Bennett Spring Park Store when it opens to sell daily tags until the opening whistle. We hope you will enjoy the fishing and fellowship in the stream and attend the events at the Picnic Shelter House above the Spring Hole. There will be 100 tagged fish and prizes. Registration: \$5. Open to the public.

We need to send a special thank you to the MDC Bennett Spring Hatchery Manager Mike Mitchell and Staff. Have a great weekend, good luck and good fishing! Information obtained from the Kansas City MTFAs website. Check it out for additional information. [http://www.geocities.com/kcmtfa/Spring\\_derby\\_welcome\\_2008.htm](http://www.geocities.com/kcmtfa/Spring_derby_welcome_2008.htm)

### **May 24 and 25: 4th Annual Fly Fishing Expo**

Reading's Fly Shop on Highway 64 will host the fly fishing expo.

Fly tying and fly casting demonstrations, discussions and open forums. Manufacturer's reps and locally recognized experts will be on hand to answer questions. Call Charlie Reading at 417-588-4334 for more information.

## Jim Low's Update

### Online fishing report has trout-park updates

Heavy rains in southern Missouri create questions about fishing at trout parks. This website has answers.

JEFFERSON CITY-A torrent of rumors swirled around Missouri trout parks after heavy rains raked southern Missouri. This one was closed; that one lost half its fish, the water was too high for fishing at yet another. Anglers could have saved a lot of wondering and guessing by checking the Missouri Department of Conservation's online fishing report. They still can.

Paul Spurgeon, manager of the Conservation Department hatchery at Maramec Spring Park near St. James, said the telephone there rang almost nonstop following heavy rainfall in the Ozarks. Callers wanted the latest information about fishing conditions so they could adjust their plans if necessary.

Spurgeon said some callers had heard that Maramec Spring Park had lost all its fish. That was not true. He said losses to flooding were minor, and the hatchery has plenty to meet trout anglers' needs throughout the summer.

"We are glad to talk to people when we are indoors," said Spurgeon, "but we spend a lot of time out around the hatchery and in the park, so we can't always answer. When we were able to answer the phone, I am sure a lot of people got a busy signal because we were talking to others. They could have gotten the same information at the department's website."

Fishing from about 12:30 until 5 I had no fish to hand. I did LDR (Long Distance Release) one fish. Ken using a Red San Juan worm was able to take several fish and he even keep four for that nights dinner. Kevin had at least a couple on a cream jig he thinks. Still I had a good time just being on the water after a three week no fishing spell due to rain, high water or both.

Dean said the U.S. Geological Survey recently installed electronic water gauges at Roaring River, Bennett Spring and Montauk state parks. These gauges allow visitors to check up-to-the-minute stream flow 24 hours a day. Each hatchery's web page has a link that allows visitors to check up-to-the-minute stream flow 24 hours a day. Stream flow at many other locations can be checked by visiting <http://waterdata.usgs.gov/mo/nwis/rt>.

Montauk Assistant Hatchery Manager Ben Havens said most anglers do not realize that the trout park spring branches rise and fall quickly after big rains. A stream that is high and murky one day can be back to normal the next afternoon.

Havens said anglers also often ask if all the trout have been "washed out" of hatchery raceways, reducing the supply of fish for stocking.

"It would take quite a big rise to flood our raceway system and wash the fish downriver," said Havens. "Throughout the floods this spring, we have not even come close to this happening. We have lost no fish."

Havens said Montauk does occasionally have trouble maintaining water quality in raceways as water in the adjoining spring branch is warmed by rainwater and carries more soil particles.

"We can have some elevated mortality due to extended periods of poor water quality," said Havens. "Our fish usually come through just fine, but sometimes they become stressed from the poor water conditions such as the sediment/silt load irritating their gills. We have pumps and recirculation systems that help us tremendously. Our hatchery renovations have drastically improved the way we can combat a flood episode."

For information about fishing conditions at Maramec Spring Park, visit [mdc.mo.gov/2921](http://mdc.mo.gov/2921). The Bennett Spring Hatchery website is [mdc.mo.gov/areas/hatchery/bennett/](http://mdc.mo.gov/areas/hatchery/bennett/). For Montauk State Park, visit [mdc.mo.gov/areas/hatchery/montauk/](http://mdc.mo.gov/areas/hatchery/montauk/). For Roaring River, visit [mdc.mo.gov/2856](http://mdc.mo.gov/2856).

The website [mdc.mo.gov/fish](http://mdc.mo.gov/fish) includes a fishing report from the first Thursday in April through September. The fishing report also has information about water conditions, recent angler success and fishing tips for lakes and streams statewide. Anglers can subscribe online and receive the weekly fishing report each Thursday throughout the fishing season.

-Jim Low-

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**Poisson Roulade e' Pilaf au Champignon**  
(Rolled, stuffed fish fillets, Rice Pilaf with Mushrooms)

This is an easy one. I am not giving you quantities; just make enough for the number of folk you have to save from hunger.

**Stuffing,**

Bread Crumbs (if you want to be a bit healthier, take whole wheat bread slices, dry and put in a zip lock bag and hit the bag till you have a nice bag of crumbs.

Sauté' some finely chopped onion or shallot, in olive oil, take you bread crumbs and add to the pan, add salt and pepper and a touch of garlic powder if you like it, to taste and let the stuff cool.

**Roulade**

Fillets need to be large enough to roll with a bit of filling, so save the tiny blue gill for something else.

Lay out your fillets skin side down, spread a layer of the filling over the upper surface, not to much.

Roll your fillet and fasten with a tooth pick.

Keep doing this till you have enough to loosely fill the pan, which you have buttered or oiled, you're using. The rolls shouldn't touch each other.

Take some broth, chicken or vegetable, a bit of white wine or dry vermouth, say three parts stock to one part wine, melt in a bit of butter for flavor, salt and pepper to taste. Pour over the fish.

Bake at 350 degrees until fish is white and flakes lightly. This will vary depending on the density of the fillets.

**Pilaf**

Make a package of your favorite easy Rice mix, i.e. White and Wild Rice, or even Rice-A-Roni, Sauté' a half pound of sliced mushrooms in a bit of olive oil and butter, or take some good quality, canned, sliced mushrooms, rinse well and sauté' those with some olive or and butter. Just use enough mushrooms so everyone knows there in there. When the rice is done, fluff with a fork and add the mushrooms. Throw some shopped green onions on top and...

Presto, instant fancy. Serve with a big salad with dark green, lettuce and a bunch of veggies, light vinaigrette, and you have a heart healthy dinner that deserves cloth napkins and candlelight.

Bon Appetite!

Note:: This is a very whatever, kind recipe, you can substitute all over the place, hate mushrooms, use broccoli, leave out the butter and oil, use Teflon and Pam. Use any kind of bread you want or have stale. Any fish that fillets nicely, and isn't too thick to roll and so on and so on. Have fun.



Paul Henry was a long time member of the MTFA. It has been a year since he passed away. Mary, his wife has decided to keep several fly rods for relatives but would like to pass on others. Here is an opportunity to buy one of Paul's fly rods. Three of the rods were built by Paul from blanks purchased from the Bass Pro Outlet many years ago. The other two fly rods are factory rods with fair market value. There are other items which may be of interest, check it out. If you wish to inquire, call Mary @ 883-2443

**For Sale**

Fenwick 8'6" 5 wt rod with a Reddington reel and floating line: \$125.00

Loomis GLX 9'ft 6 wt with Orvis Reel and a sink-tip line: \$300.00

Rod (built by Paul) with Abu reel and sink-tip line: \$100.00

Rod (built by Paul) 9 ft maybe an 8 wt: \$50.00

Rod (built by Paul) 8 ft maybe a 5 wt: \$50.00

Reel – Martin Model 6755A with sink-tip line: \$20.00

Reel – Rapier with backing only: \$20.00

Reel – Lamson (worn) with WF6F line (?): \$20.00

Orvis Dual Rod Case: \$20.00

**Fishing Report**

**Montauk State Park and the upper Blue Ribbon section of the Current River**

**Friday the 18th**

Overcast with rain ranging from heavy mist to moderate down pour, temperatures in the mid 40's. Water was up some and stained and the bottom was heavily scoured in places from the recent floods. If you're familiar with the layout up by the spring the first hole that always seemed to hold a lot of fish is no longer there. The terrain has unmistakably been altered. Ken Marrow and I were there fishing with two soldiers in the Project Healing Waters program and Kevin Amschler the physical therapist for the Warrior Transition Unit.

If you have ever had any doubt as to the honesty of my statement should put those concerns to rest. Fishing from 5 I had no fish to hand. I did LDR (Long Distance Release) using a Red San Juan worm was able to take several fish and for that night's dinner. Kevin had at least a couple on a cream I had a good time just being on the water after a three week due to rain, high water or both.



Ken with the Big One

reports this next about 12:30 until one fish. Ken he even keep four jig he thinks. Still no fishing spell

**Saturday the 19th**

Rain most of the night off and on. The morning sky was still over cast and temps low to mid 40's. A little off on the weather prediction there Brandon!

After a big breakfast we managed to get to the access below the park about 10 with a plan of fishing upstream as far as we wanted to go then returning back to camp for a bite to eat. I can't be much more exact on the location having never fished this water before we were upstream of the access.

**Sunday the 20th**

Fishing from the access outside the park this time going down stream. This will be short as it is to painful to write about. Fishing from about 9:30 until high noon I had no fish to the hand using the Schulpin, Autumn Streamer, Red San Juan worm or an egg pattern. Ken using his secret weapon (you'll have to ask him about) had guess-ta-mating here a dozen fish to the hand. Many dare I say from the water I had just fished. I told you it was painful. Still the sun was shinning the sky was blue and I had a good enough time that I didn't want to go.

It was a good trip and I'm already looking forward to the next one.

**Fair winds and following seas...Kevin**

### **Baghdad School of Fly Fishing wish list package to be mailed MAY 26th Memorial DAY!**

Thanks to the posting on Weavers Tackle Store many items have been donated to the wish list package. Jerry and Brenda have really helped to support this project and any business you can send their way would be Greatly Appreciated!

Fly Rods, Reels, vest many Woolly Buggers boxes Tippet.

Still needed are Tapered leaders 3X or 4x 7.5 - 9 ft.

Tippet 0x - 4x

Leader Material a spool or two of 6 - 8 lb test line

Dragon fly nymphs size 6 - 10

Fresh water shrimp sizes 8-10

Current fishing Magazines

DVDs

Coffee - Duncan Doughnut brand preferred

Powdered drink mixes Individual servings (Crystal light, Gatorade)

I can pick up your donations my email is [ksmith@banktrack.com](mailto:ksmith@banktrack.com)

### **Roaring River Parks Alliance**

See the attached flyer - the RRPA is looking for tyiers to support their fight against CAFOS along those lines I am looking for 3 or 4 tyiers to tie flies at Charlie Readings fly shop Sat. the 25th Memorial weekend in support of RRPA

The tyiers will be offering flies for donations and MO Packs will also be available.

More details will be available in the May Newsletter.

We also need to have MTFA membership cards and applications available if the club wants at this event.

### **2008 MTFA -Springfield Chapter Officers**

<b>President</b>	Larry Wegmann	
<b>1<sup>st</sup> Vice President</b>	Charles Gregory	833-3169
<b>2<sup>nd</sup> Vice President</b>	David Duncan	833-3562
<b>Secretary</b>	Dorothy Prugger	862-9972
<b>Treasurer</b>	Rod Pennington	883-1789

Monthly meetings at the Springfield Nature Center.

The first Thursday of the month at 6 PM for Fly tying and 7 PM for programs and business meeting.

**Education Chair** - Charlie Erickson

**Social Chair** - Simecek/Collison/Burkhart

**Newsletter Editor** - Eve Krit-Anderson,

**Newsletter Advisory Editor** - Kim Shultz

**Librarian** - Charles Gregory

**Equipment** - John Prugger

**Web Page** - Brent Simmons

**Membership Chair** - Howard Hawkins

**FFF Contact** - Howard Hawkins

**CFM/MTFA Contact** - Rod Pennington

**Public Relations** - John and Dorothy Prugger

**If you would like to submit for the NL, Please put MTFA in the subject line**

# TYERS WANTED

In support of

## Roaring River Parks Alliance

Currently the RRPA is working to stop the uncontrolled spread of CAFO's,(Concentrated Animal Feeding Operation) in Missouri.

CAFO's have a place in Missouri but not next door to our State Parks and Waterways.

If you think that local Missouri citizens should have a say in where CAFO's can be located and that **Clean Water** and **Clean Air** are more important than **Corporate Profit**, the RRPA is asking you to:

## "TIE ONE UP FOR MISSOURI"

Help by tying up as many flies as you can donate and send them to: Roaring River Parks Alliance  
P. O. Box 214  
Eagle Rock MO 65641

RRPA will combine them with other patterns to create 'MO Packs' which will be available at local fly shops and supporting outlets for donations.

100% of which goes to RRPA

Find out more about the CAFO issue:

<http://www.rrpa.info>

Jim Riedel - President RRPA: [jsriedel@msn.com](mailto:jsriedel@msn.com)

Kevin Smith : [fishfearmejks@suddenlink.net](mailto:fishfearmejks@suddenlink.net)

